

MEANINGS OF MADNESS: CRITICAL AND CREATIVE PERSPECTIVES: PROGRAMME FOR WEDNESDAY 13 NOVEMBER 2013

08.30–09.30 Registration (in Brookfield Health Sciences Complex foyer/atrium)

09.30-09.40 BHSC G02 Welcome. Lydia Sapouna and Harry Gijbels

09.40-9.45 Chairperson for the day: Joan Hamilton

9.45-10.30 Keynote Presentation 1

BHSC G02 (250) *Our Minds and Each Other.* Gail Hornstein, Professor of Psychology, Mount Holyoke College, Massachusetts, USA.

10.30-11.15 Keynote Presentation 2

BHSC G02 (250) *Transformational Crisis.* Doug Ross, artist, founding member of Renew. Personal experience of sustained recovery from addiction and psycho-spiritual distress, Dublin, Ireland.

11.15-11.30 Launch of Art Exhibition

BHSC G02 (250) *'I Hear Asylums'* Launch of Michelle Dalton's Art Exhibition, exhibited for two days at the Jennings Gallery, Brookfield Health Sciences Complex, University College Cork, Ireland. (see also 15.00-16.00 concurrent workshop B, session 5).

09.30-11.30 Live Streaming of BHSC G02 (250) events to BHSC G06 (120) and BHSC 102 (70)

12.00-12.45 Concurrent Sessions A

1. BHSC G02 (250) *Craic & Cracked.*

Coleen Jones, psychotherapist, researcher and supervisor, Cork, Ireland.

2. BHSC G06 (120) *Learning from Lives Less Known.* Jim Walsh, PhD student, Dublin City University, Dublin, Ireland.

3. BHSC 1.01 (70) *Giving the Emerging Voice a Voice: Using Expressive Arts to Communicate.* Vered and Boaz Zur, Expressive Arts Therapists, Kilkenny, Ireland.

4. BHSC 1.02 (70) *An Experiential Taster using Sesame Drama and Movement Therapy for Growth and Healing.* Raphaela Heaslip, Sesame trained drama and movement therapist, Cork, Ireland.
Please note, this workshop is limited to approx. 15 delegates. Please wear comfortable clothes, suitable for movement.

5. BHSC 1.22 (70) *The Social and Medical Construction of Motherhood, Post-Natal Depression and Madness.* Deirdre Murphy and Helen Skinner, recent Bachelor of Social Work graduates, University College Cork, Ireland.

6. BHSC 2.25 (50) *Transformational Crisis: A Renew Workshop.* Renew members, Ireland.

13.00-13.50 Lunch. Cafes and restaurants are in close proximity to the conference venue

13.50-14.00 Welcome back. Joan Hamilton

14.00-14.45 Keynote Presentation 3

BHSC G02 (250) *A Tense Balancing Act: Women with Mental Health Problems Experiences of Mothering.* Teresa Tuohy, Health Research Board funded PHD Candidate, Trinity College Dublin, Ireland.

14.00-14.45 Live Streaming of the above BHSC G02 presentation to BHSC G06 (120) and BHSC 102 (70)

15.00-15.45 *Concurrent Sessions B*

1. BHSC G02 (250) *Life beyond Labels – Exploring our Innate Mental Health; an Insightful Understanding of Innate Health as a Creative Solution to Madness or any other Label.* Bernie Gillespie, (Lic Hom) Three Principles Facilitator & co-ordinator and mentor at

www.theinsightsspace.com

2. BHSC G04 (120) *Homoeopathic Philosophy and the Foundations of Mental Health. The Interruptions in an infant's Progression from Dependence to Independence may be Significant in Future Mental Health.* Alastair Yarrow, Homeopath, Arklow, Ireland.

3. BHSC G05 (120) *An Alternative View of Madness.* Wendy Taylor, Shaman/Healer, England.

4. BHSC G06 (120) *Embrace the Remembrance of John McCarthy.* Donna English, artist, Cork, Ireland.

5 BHSC 1.01 (70) *Creativity, a Conscious Weapon.* Michelle Dalton, artist, Cork, Ireland.

6. BHSC 1.02 (70) *Creating a Dialogical Space where Meanings of Madness can be Explored and where a Creative Response emerges from the Dialogue.*

Liam McGabhann, Lecturer; Paddy McGowan, Lecturer Practitioner; Jim Walsh, PhD student, School of Nursing & Human Sciences, Dublin City University, Ireland.

16.00-16.45 *Concurrent Sessions C*

1. BHSC G02 (250) *'Stuck in the Middle with You...'* Bryan McElroy, human being, GP Trainee, Kerry, Ireland.

2. BHSC G04 (120) *The Benefit of Participative Music Making on Personal Recovery in a Mental Health Care Contexts: an Ethnographic Enquiry.* Kevin O'Shanahan, Musician and Arts Coordinator HSE Cork Health Services-West Cork Arts Programme, Ireland.

3. BHSC G05 (120) *Folklore and Madness: Traditional Beliefs and Contemporary Popular Conceptions of Madness in the Irish Context.* Jenny Butler, Folklorist, Department of Folklore and Ethnology, University College Cork, Ireland.

4. BHSC G06 (120) *Setting up Hearing Voices Support Groups: Recent Developments and Future Opportunities.* Michelle Dalton, artist, Cork; Rory Doody, Recovery Development Advocate, National Learning Network, Cork; Harry Gijbels, Senior Lecturer, School of Nursing and Midwifery, University College Cork, Ireland.

5. BHSC 1.01 (70) *Madness as Defined by Einstein!: Service-User Involvement in Ireland.* Liz Brosnan, Survivor researcher, Galway, Ireland.

6. BHSC 1.02 (70) *Perceptions of the Barriers in Accessing Cognitive Impairment Services.* Paul Cudmore, Catherine Krause and Stuart Neilson, Graduates of Disability Studies and users of mental health or disability services, Cork, Ireland.

Look forward to seeing you all again tomorrow.

Lydia and Harry

MEANINGS OF MADNESS: CRITICAL AND CREATIVE PERSPECTIVES: PROGRAMME FOR THURSDAY 14 NOVEMBER 2013

08.15–9.00 Registration (in Brookfield Health Sciences Complex)

9.00-9.10 BHSC G02 Welcome and Welcome Back Lydia Sapouna and Harry Gijbels

Chairperson for the day: Paddy McGowan

9.15-10.00 Keynote Presentation 4

BHSC G02 (250) Childhood Adversity and Psychosis: from Heresy to Certainty. John Read, Professor of Clinical Psychology, University of Liverpool, England.

10.00-10.45 Keynote Presentation 5

BHSC G02 (250) The Meaning of Madness: What if my Madness were Meaningless? Irene van de Giessen, Owner of the Convalescent Talent Agency, Expert by Experience, Vlissingen, Netherlands.

9.00-10.45 Live Streaming of BHSC G02 welcome and above presentations to BHSC G06 (120) and G04 (120)

11.15-12.00 Concurrent Sessions D

1. BHSC G02 (250) Radio Gaga: A listening of 'Record': A Radio Drama Questioning a Scientific View of Distress (nominated for Prix Europa 2013)

Introduced by director, writer, actor and musician Dylan Tighe, Dublin, Ireland.

2. BHSC G04 (120) Addiction, Anxiety and Depression...What Else is Possible?

Helena Cogan, Certified Access Consciousness Facilitator, Master in Reiki and IET Integrated Energy Therapy, Addiction and Humanist Counsellor and Trainer, Cork, Ireland.

3. BHSC G06 (120) Hidden Madness, Hidden Recovery. Alison Winfield, Trauma survivor and psychotherapist, Cork, Ireland.

4. BHSC 1.01 (70) Whose Study is This? An Open Dialogue on the Ethics of Mental Health Research. Gail Hornstein, Professor of Psychology at Mount Holyoke College Massachusetts, USA.

5. BHSC 1.22 (70) My Story of Recovery from a Diagnosis of Manic Depression (Madness). Tommy Roddy, Member of the Human Race, Galway, Ireland.

6. BHSC 3.01 (40) The Importance of Insanity and the Right to be 'Mad'. Israel Finnerty, Survivor of psychiatry, Writer - Advocate with the National Advocacy Service, Ireland.

12.15-13.00 Concurrent Sessions E

1. BHSC G02 (250) Soul Loss & Recovery - A Modern/Traditional Model for Health & Disease. Declan Hammond, homeopath, shamanic practitioner and trans-personal therapist. Co-founder and Director of the Irish School of Homeopathy, Dublin, Ireland.

2. BHSC G04 (120) Putting Gender on the Agenda. Trish Connolly, service user, social worker, researcher, advocate, Cork, Ireland.

3. BHSC G06 (120) Carl Jung and Meaning in Madness. Greg White, Jungian Psychotherapist, Bandon, Ireland.

4. BHSC 1.01 (70) The Embodied Mind. Eileen Murray, Certified qigong teacher, Registered Psychiatric Nurse, North Cork Mental Health Services, Co Cork, Ireland.

5. BHSC 1.22 (70) *Laughter and Hearing Voices -Is Laughter a Wellness Tool or a Sign of Madness?* Angie Lindenau, Laughter Yoga Teacher/Therapist with experience of self-directed Recovery, Limerick, Ireland.

6. BHSC 3.03 (30) *Playback Theatre-when your Stories can Come to Life.* Speakout Theatre for Transformation Cork, Ireland.

13.00-14.00 Lunch. Cafes and restaurants are in close proximity to the conference venue

14.00-14.05 Welcome back. Paddy McGowan

14.05.-14.50 Keynote Presentation 6

BHSC G10 (150) *Service-User Involvement in Irish Mental Health Services: The Inherent Tensions, Inequities and Power Dynamics.* Liz Brosnan, Survivor researcher, Galway, Ireland.

14.00-15.00 Live Streaming of BHSC G10 key note presentation to BHSC G05 (120) and G06 (120)

Chairperson for the plenary session:

Fionn Fitzpatrick

15.00-16.30 Plenary Session

BHSC G10 (150) *Critical Voices Network Ireland (CVNI)*

The final session of the conference is dedicated to the on-going work of the Critical Voices Network Ireland (CVNI), which was launched at this conference in November 2010. The plenary session provides opportunities to integrate the insights and initiatives of the first 1.5 days of the conference and to discuss the on-going work of the CVNI. This will hopefully help strengthen a sense of shared outlook and purpose, and enhance the networking initiatives which have started in different parts of the country.

Key note presentations, with the respective presenters' consent, will be available a few weeks after the conference at

www.ucc.ie/en/nursingmidwifery/NewsEvents/ and www.ucc.ie/en/appsoc

Conference Donations

One of the unique features of this annual conference is that it is a free event,

supported by a very small budget. At the last two conferences, delegates enquired about making donations and indeed some of them did. This year there will be a donation box at the registration desk. Please feel free to contribute if you wish (either cash or cheque made payable to University College Cork to be lodged into the conference account). We do not accept donations which compromise the ethos and values of the conference. If you have any queries, please contact either Lydia Sapouna at l.sapouna@ucc.ie or at 021 4903495, or Harry Gijbels at h.gijbels@ucc.ie or at 021 4901551.

8.00 pm–12 am Music Event in the Kino

An exclusive music event to fundraise for the conference has been organised by Michelle Dalton in the Kino (the old independent film cinema, now turned music venue) on Washington Street, with performances by Noir/Noir, Dylan Tighe, Elly O'Keefe, Lynda Cullen, Dee Power and One Simple Word. **Tickets: €8.** Over 18's only.

Wishing you all a safe journey home, and see you next year.

Lydia Sapouna and Harry Gijbels